

VIRAL INFECTIONS - SAMPLE PRESCRIPTIONS

HERPES SIMPLEX (INITIAL or PRIMARY)

General Prescription Comments

Closely monitor and reevaluate response. If response is inadequate, reevaluate diagnosis, medication choice, and dosage.

Sample Prescriptions

For additional information, see Acyclovir (Systemic) on page 73, Acyclovir (Topical) on page 81, Famciclovir on page 557, ValACYclovir on page 1316

Rx:

Zovirax 200 mg capsules

Disp: 35 to 60 capsules depending on regimen selected

Sig: Take 1 capsule 5 times/day or 2 capsules 3 times/day for 7 to 10 days

Ingredient: Acyclovir (Systemic)

Note: Regimens for HSV initial infections using valacyclovir or famciclovir are considered Off-Label Use (ie, not approved by the FDA).

Rx:

Famciclovir 500 mg tablets

Disp: 14 tablets

Sig: Take 1 tablet every 12 hours for 7 days

Rx:

Valacyclovir 1 g tablet

Disp: 14 tablets

Sig: Take 1 tablet every 12 hours for 7 days

Rx:

Zovirax cream 5%

Disp: 5 g tube

Sig: Apply thin layer to lesions 5 times/day for the duration of the external lesions

Ingredient: Acyclovir (Topical)

HERPES SIMPLEX (RECURRENT)

General Prescription Comments

Therapy should be initiated at the first sign of any prodrome such as tingling, burning, or itching.

Cream and ointment tube sizes may vary based on availability. Refer to individual monograph or check with pharmacist for available sizes.

Sample Prescriptions

For additional information, see Acyclovir (Topical) on page 81, Docosanol on page 443, Famciclovir on page 557, Penciclovir on page 1060, ValACYclovir on page 1316

Rx:

Denavir topical cream 1%

Disp: 1.5 g tube

Sig: Apply locally as directed to lesion every 2 hours during waking hours (begin when prodromal symptoms first occur)

Ingredient: Penciclovir

Rx:

Famciclovir 500 mg tablets

Disp: 3 tablets

Sig: Take 3 tablets (1,500 mg) as a single dose; therapy should be initiated at the first sign of any prodrome such as tingling, burning, or itching

Note: Dispense in multiples of 3 so that patient has drug on hand for any recurrences; available as generic equivalent

Rx:

ValACYclovir 500 mg

Disp: 8 caplets

Sig: 4 caplets twice daily for 1 day (separate doses by 12 hours); therapy should be initiated at the first sign of any prodrome such as tingling, burning, or itching